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Thimble and Thread Quilt Guild St. Louis <kathy.sherrick@send.mailchimpapp.com>

Sat, Feb 3, 2024 at 10:04 PM

Reply-To: kathy.sherrick@gmail.com

To: \*|FNAME|\* <kathy.sherrick@gmail.com>

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Dear Kathy, enjoy the latest news from Thimble & Thread Quilt Guild.

## President's Message

### Delight

Here's an idea: Let's make 2024 the year of delight. Where is this going, you ask? What has this to do with quilting? Bear with me. I'll get there. I have a weekend subscription to the New York Times. I can't keep up with the daily newspaper; there is just too much content and

I get behind. Anyway, there are always great articles I can read throughout the week. Recently there was one about delight practice. “The basic premise is to make a point to notice things in everyday life that delight you. This could be anything – a pretty flower, a smile you share with a stranger ...” We all share an activity that is rife with delights – quilting. See, I told you I would get there. Some folks keep a delight journal, but that would take some of the delight out of it for me. Being aware of the small delights in my daily life is enough for me.

Selecting fabrics for a new project, getting those points to match, stitching down the final inches of a binding – all small delights. You probably have different delights than I do. I don’t relish cutting, but that may be your happy place. The article goes on to say what the favorite part of the practice is: sharing delights with other people. Enter quilt guild meetings, especially Show and Tell. I love to see what others have made and I am always in awe of the creativity of our members. The January meeting was especially wonderful. We were only a small group of 13 that braved the frigid weather. Each person brought a quilt that was meaningful to them and spoke about it. Even though each presentation was just a few minutes, an entire hour passed. If there had been a normal turnout, it would easily have taken over two hours or longer.

At the meeting, Anne Hennig presented the first of her new series of optional blocks. The lesson incorporated into the disappearing four-patch block was the admonition that accurate cutting and sewing is really important. I know this from personal experience when I tried this block in the past and soon found it wasn’t as straightforward as I had anticipated. I look forward to what she has for us going forward.

I am looking forward to the presentation of the president’s challenge quilts in February. It’s not too late to get started if you haven’t jumped in. I just started my quilt this week. I work best to a deadline (rationalizing my procrastination here).

So, for now, chose delight. You will be amazed at how much there is to marvel at.

Believe,

Mary Ellen, President

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Thimble and Thread Quilt Guild meets on the second Friday of each month. Doors open at 6:30pm, meeting starts at 7:00 pm at Shrewsbury City Center, [5200](#)

Shrewsbury, Shrewsbury, MO. 63119.

## ITEMS TO BRING TO MEETING

- Your Optional Block + \$1.00 entry
- \$ for Fabric Raffle
- Stuff for Free Table (you must remove untaken items at end of meeting)
- Name tag - make personal handmade tag for yourself
- Show and Tell items
- Only water bottles with screw caps are allowed
- Masks are optional

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## FEBRUARY MEETING 2/9/2024, 7:00 pm

February is a busy month: Black History Month, Valentine's Day, this year we have Leap Year Day, and for Thimble and Thread Guild, our President's Challenge Pink Quilts are due. That means we will have an exciting meeting on Friday, Feb. 9. Our speaker will be a young St.-Louis-based designer and arts educator, Olivia Rae Davis of Olivia Rae Design Academy (<https://www.theordacademy.com/>). In addition to teaching classes in St. Louis and other places in the world, she hosts an online craft site called Craftacademy, partners with City Sewing Room and SewHope to sustainably recycle fabric and sewing supplies, and is committed to increasing arts and craft education in low-income communities world-wide. Come hear about her exciting and inspiring adventures

in sewing!

But wait – there’s more! Attendees at this month’s meeting will be the judges for our President’s Challenge to Members: to produce a “pink” quilt, any size, in support of Breast Cancer Awareness. Vote for the quilt that you like the most; the maker of the winning quilt will receive a gift card from one of our terrific local quilt shops. The quilts will be displayed around the meeting room during the entire evening for you to peruse and be inspired by.

We will also have attendance and fabric raffles plus our FIRST “Optional Block” raffle since COVID (\$1 plus a block buys you a chance to win; \$5 plus 6 blocks buys you 6 chances!) and a new block pattern for February (pattern direction handouts are free). Don’t forget the free table, Show and Tell, and your name tag!

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## FUTURE MEETINGS

For our March meeting, local educator and musician Dorothy Pino will tell us how she uses quilt piecing techniques to teach and inspire pre-teen-age children to sew. The VP’s and workshop committee are working to arrange a paper-piecing workshop with Dorothy, to show us that foundation paper piecing can be child’s play.

Later in the Spring we have a couple of presentations on fabric embellishment. Nita Pace will speak to us about techniques like Sashiko (Japanese decorative stitching for mending or joining fabric pieces) and similar stitching traditions from Africa that can enhance or complement the designs printed on pieces of cloth. Anne Stirnemann from the City Sewing Room will speak to us about Alabama Chanin hand-crafted design, committed to sustainability, local and ethical production, and preservation of craft traditions.

Over the summer our presentations will get back to more traditional piecing techniques. Brita Nelson, the Questioning Quilter (<https://questioningquilter.com/>) will speak to us via

ZOOM in July about "The Magic of Disappearing Blocks". I hope our Guild will host one of her Disappearing Block workshops sometime in the future.

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SAVE THE DATE  
THIMBLE & THREAD RETREAT 2024

Dates: August 16, 17, 18, 2024

**Where: Mercy Conference & Retreat Center**  
**2039 N. Geyer Road**  
**St. Louis, MO 63131**

**Cost: We have the option of single or double rooms.**  
**Single - \$312.00**  
**Double - \$272.00 each**

For regular attendees, you will note that we are meeting in August of 2024 rather than our "normal" October timeframe. This is because it was the only time that Mercy had both meeting rooms and sleeping rooms available at the same time.

The retreat starts at 9 am on Friday, August 16th and will end after lunch on Sunday, August 18<sup>th</sup>. Lunch and dinner are included on Friday; breakfast, lunch, and dinner on Saturday; and breakfast and lunch on Sunday.

We have to be out of the premises mid-afternoon on August 18th.



We will start taking reservations for the Retreat at the January meeting of Thimble and Thread. You may pay either the whole amount or make a down-payment of 50% with the balance due no later than our July meeting. After the July meeting, we will need to provide them with a list of attendees and any food allergies they need be aware of. Checks are to be made out to Thimble and Thread Quilt Guild.



Any questions, please contact Susan Sanders ([bpandq@aol.com](mailto:bpandq@aol.com)) and please reference the retreat in the subject line.

I know it's only January but I'm already thinking about what projects I want to do at retreat. I spent a week in December cleaning out and straightening up my sewing room which included going thru books, magazines, and patterns I've saved over the years. Some of those patterns said "Hey, make me!" so they're on my to-do list for 2024.

In the meantime, keep on quilting!  
Susan Sanders, Retreat Coordinator

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## Thimble and Thread Quilt Guild Meeting Minutes January 12, 2024

Fifteen brave quilt guild members braved the windy, frigid night with 15 members present. The program consisted of members showing 1 or 2 quilts with a story that went with them. Those who participated were: Cindy Neville: Rhapsody quilt based on several books by Ricky Tims; Susan Sanders: her quilt was made by her great-great grandmother and included some Civil War fabrics; Ruth Grimes: a vest with stabilized strings of fabric along with the simple way to accomplish this; Kendra Bertelsen: 3-d maze; Paula Hardy: 2-1/2" miniature bow tie blocks with over 9,200 pieces of fabric; Julie Tucker: 4-patch quilt made by her grandmother; Katie Frasier: 4"-square quilt blocks made with bright rainbow colors and a piano key (rectangles) strip border; Adele Niblack: 2 family quilts made by her great-grandmother--including a brown and white orange peel quilt; Jean Ameduri: 2 miniature quilts (books and a lion based on a famous painting of a Ukrainian artist) exchanged with quilters in Australia and Ukraine via [thequiltshow.com](https://thequiltshow.com) miniature quilt exchange; LaDonna Patterson: her mother's scrap quilts which utilized feedsack fabrics; Anne Hennig: showed one of two quilts made for Kathy Sherrick and Patty Thompson as a gift from guild members; Kathy Sherrick: a 50th anniversary cross-stitch quilt made by 4 family members.

[Check out our video of the quilts that were shown.](#)

Optional Blocks: Anne Hennig explained the \$1 charge for each participant (both our guild and sewers from City Sewing Room) will go towards the purchase for a new microphone. All of the blocks in this project will be 11" finished.

Workshops: Anne Hennig. In March there will be a lecture on paper piecing by a teacher who has taught kids at the City Sewing Room. She may later hold a workshop, but a venue has not yet been decided. Brita Nelson, the questioning Quilter, will lecture on Disappearing Quilt Blocsk (not just the 4-patch and 9-patch) at



our July meeting. There will be a Zoom presentation (it has not yet been decided whether it will be held at Shrewsbury City Center or whether we will view it from home).

President Mary Ellen's new mantra for 2024 is "Believe."

Respectfully Submitted,  
Jean Ameduri, Acting Secretary

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## Membership Report

We had 15 attendees who braved the cold and came out to our January meeting. This included new member Kendra Bertelsen who joined our guild! Welcome to Kendra! Thanks to all who attended as it was a very interesting meeting!

Membership dues are now \$15 for the remainder of our year ( till June 30). If you know of anyone interested in joining our guild, now is the time!

La Donna Patterson, Membership

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## TREASURER'S REPORT

**DECEMBER 2023**  
**By Kathy Sherrick, Treasurer**



<b>Checking Account</b>	Starting Balance	\$8,988.53	
	Checks	- 6,412.65	Retreat bal, deposit, refunds
	Checks	- <u>322.85</u>	Rent, Speaker Fee, Fabric Raffle
	Deposits	+ 349.00	Stash Sale Cash
	Ending Balance	\$ 2,702.21	
<b>Savings Account</b>	Balance	\$31.47	No Activity
<b>Money Market Account</b>	Balance	\$6,444.37	\$10.83 Dividend
<b>6 month CD</b>	Balance	\$6,350.55	\$48.99 Dividend
<b>1 year CD</b>	Balance	\$6,671.04	\$65.89 Dividend

*I just learned that people who gave me checks in Dec. at the stash sale, their checks did not work in the mobile deposit I did on 12/17/23. I will go to the bank 2/5/24 and deposit them manually.*

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## Stitching Time

Do you have some handwork that you need to get around to? The Weber Road branch of the St. Louis County Library (4444 Weber Rd) has a stitching group that meets the 4th Tuesday of each month from noon to 2pm. Most of the ladies crochet but any sort of needlework is welcome. They were fascinated by my hand quilting. Next meeting is Feb 27. Hope to see you there.

Ruth Grimes

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## FIRST ANNUAL QUILT OF VALOR STATEWIDE RETREAT

## April 5 – 7, 2024

Boone Electric Cooperative Community Building  
1413 Rangeline Street, Columbia, MO

Early Registration \$79

Late Registration \$99 after March 15

Deadline for registration is March 25th

Friday – check in at 2:00pm, dinner will be served

Saturday – 8:00am, snacks, lunch & dinner

QOV Award Ceremony following lunch

Sunday – 8:00am, snack and lunch

Doors close at 9:00pm Friday and Saturday and 2:00pm on Sunday



You're invited to our first annual statewide Quilts of Valor retreat! We are very excited and hope you can join us. We are not restricting the retreat to members only, non-members are invited as well. The only restriction is that the project you bring to sew at the retreat be a Quilts of Valor quilt. If you finish your project we will have a few quilt kits for you at no charge to take and finish.

We are also planning to have a massage therapist on hand for neck and shoulder massages. Part of your donation for the massage will be given back to Quilts of Valor. Also in the works is to have scissor sharpening available, so bring your blades, same arrangement!

Meals are included in the cost of the retreat - a bargain at \$79 when registering before March 15. We will service dinner on Friday night, snacks, lunch and dinner on Saturday, and snacks and lunch on Sunday.

A Quilts of Valor award ceremony is also planned for Saturday after lunch.

There will be lots of gifts and prizes so bring your tote bag! The Grand Prize is an Ever Sewn Sparrow sewing machine - the perfect lightweight travel machine.

Please read the attached registration packet, there is lots of good information about hotels, quilt shops and the like.

[Open the Registration Packet.](#)

Please do not hesitate to reach out if you have questions or concerns.

**Linda and the Retreat Planning Committee**

Gwen Clopton, Carla Kilgore, Jan Hobbs, Helen Barnett, and Becky Rogers

**Linda Martien**

Missouri State Coordinator  
Quilts of Valor® Foundation  
573.590.3617

[linda.martien@QOVF.org](mailto:linda.martien@QOVF.org)

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**DEADLINE FOR THE MARCH NEWSLETTER IS  
FRIDAY, FEBRUARY 16, 2024**

Newsletter articles are due the Friday following our monthly meeting.

Please submit newsletter information to KATHY SHERRICK, [kathy.sherrick@gmail.com](mailto:kathy.sherrick@gmail.com).

Pease do not use any fancy formatting as all formatting is removed before inserting in the newsletter. We prefer Word OR Plain Text documents and JPG's for graphics.

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Download our List of Officers, our Committee Chairs and  
Publishing Schedule for the 2023 - 2024 year.

[Click here.](#)

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